



HEADLAM HALL

COUNTRY HOTEL & SPA

SPA TREATMENT MENU

## FACE THERAPY

### Five Element Aroma Facial

- 30 mins for £34
- 45 mins for £47
- 60 mins for £52
- 90 mins for £70 (*inc. Back Massage*)

### Rejuvenating Age Support Facial

- 60 mins for £52
- 90 mins for £70

### Age Support Eye Lift

- 30 mins for £34

## THALGO

### Spirulina Boost

- 60 mins for £65

### Hyalu-Procollagene

- 60 mins for £65

### Marine Facial

- 60 mins for £52

## EXFOLIATING & BODY WRAPS

### Fire Zest Body Scrub

- 25 mins for £34

### Purifying Detox Wrap

- 60 mins for £57

## THERMAL AURICULAR THERAPY

### Hopi Ear Candling

- 40 mins for £35



## MASSAGE THERAPY

### Five Element Aroma Massage

- 45 mins for £50
- 60 mins for £57
- 90 mins for £74

### Deep Muscle Massage

- 30 mins for £45
- 60 mins for £62

### Pre-natal Well-Being Massage

- 60 mins for £57

### Head & Scalp Massage

- 25 mins for £35

### Muscle Melt Back Massage

- 30 mins for £40



## Sea & Senses – Hot Stone Massage

30 mins for £40 (*back, neck & shoulder only*)

60 mins for £57

## Headlam Bespoke Ritual

90 mins for £74



## ESSENTIAL GROOMING

### Shape & Varnish

Polish 30 mins for £22

Gel Polish 45 mins for £27

### Prescriptive Manicure

Polish 45 mins for £35

Gel Polish 60 mins for £45

### Treatment Pedicure

Polish 60 mins for £40

Gel Polish 60 mins for £49

### Deluxe Manicure

(inc. exfoliation & heated mittens)

Polish 60 mins for £49

### Deluxe Pedicure

(inc. extended massage & heated booties)

Polish 70 mins for £52

### Eye Lash Lift

(inc. tint)

45 mins for £45

### Men's Manicure

25 mins for £30

### Men's Pedicure

30 mins for £35

### Tinting

Eyelash £22

Eyelash & Eyebrow £27

Eyebrow £14

### Waxing

Eyebrow Shape £17

½ Leg £27

Full Leg £37

Bikini £17

Under-arm £17

Lip or Chin £17

### Men's Waxing

Back £30

Chest £35

Chest & Stomach £40

Eyebrow Groom £15



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