

A close-up photograph of a field of purple chive flowers. The central flower is in sharp focus, showing its intricate, star-shaped petals. Other flowers are visible in the foreground and background, but they are softly blurred. The background is a lush green field. At the top center, there is a grey rectangular box containing the text 'HEADLAM HALL' and 'RURAL RETREAT' in white, serif, all-caps font.

HEADLAM HALL

RURAL RETREAT

SPA TREATMENT MENU

FACE THERAPY

Five Element Aroma Facial

30 mins for £40

45 mins for £54

60 mins for £62

90 mins for £85 (*inc. Back Massage*)

Rejuvenating Age Support Facial

60 mins for £62

90 mins for £90

Age Support Eye Lift

30 mins for £40

THERMAL AURICULAR THERAPY

Hopi Ear Candling

40 mins for £35

THALGO

Spirulina Boost

60 mins for £75

Hyalu-Procollagene

60 mins for £75

Marine Facial

60 mins for £60

EXFOLIATING & BODY WRAPS

Fire Zest Body Scrub

25 mins for £39

Purifying Detox Wrap

60 mins for £65

MASSAGE THERAPY

Five Element Aroma Massage

45 mins for £58

60 mins for £66

90 mins for £90

Deep Muscle Massage

30 mins for £52

60 mins for £71

Pre-natal Well-Being Massage

Only available from 12 weeks

60 mins for £70

Head & Scalp Massage

25 mins for £40

Muscle Melt Back Massage

30 mins for £46

ESSENTIAL GROOMING

Shape & Varnish

Polish	30 mins for £25
Gel Polish	45 mins for £31

Prescriptive Manicure

Polish	45 mins for £40
Gel Polish	60 mins for £52

Treatment Pedicure

Polish	60 mins for £46
Gel Polish	60 mins for £56

Deluxe Manicure

(inc. exfoliation)

Polish	60 mins for £56
--------	-----------------

Deluxe Pedicure

(inc. extended massage)

Polish	70 mins for £60
--------	-----------------

Men's Manicure

25 mins for £30

Men's Pedicure

30 mins for £35

Tinting

Test required from spa reception
24 hours prior to treatment

Eyelash	£25
Eyelash & Eyebrow	£31
Eyebrow	£16

Waxing

Eyebrow Shape	£20
½ Leg	£31
Full Leg	£43
Bikini	£20
Under-arm	£20
Lip or Chin	£20

Men's Waxing

Back	£30
Chest	£35
Chest & Stomach	£40
Eyebrow Groom	£15



Sea & Senses – Hot Stone Massage

30 mins for £49 (back, neck & shoulder only)

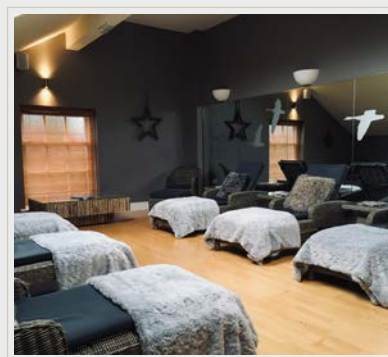
60 mins for £70

Headlam Bespoke Ritual

90 mins for £85

Reflexology

45 mins for £60





DAY SPA PACKAGES

Our day spa experiences focus on your wellbeing and comfort combining authentic spa therapy with time to relax and enjoy the benefits of the spa facilities that include a 15m swimming pool, outdoor hydrotherapy pool, sauna, steam room and both indoor and outdoor lounging zones.

The Morning Spa

- Arrival tea/coffee/fruit juice
- Use of the spa wet area and relaxation areas from 9.30am - 1.30pm
- A 30 minute facial - choose from a Thalgo Facial or an Elemental Herbology Facial
- A 30 minute massage - choose from a Muscle Melt Massage or a Hot Stone Back Massage
- Conclude with a two-course lunch at 1.30pm

Monday to Friday: **£120 per person**

Weekends and Bank

Holidays: **£135 per person**

The Afternoon Spa

- A two-course lunch on arrival at 12 noon (12.30pm on Sundays)
- Use of the spa wet area and relaxation areas from 1pm - 5pm
- A 30 minute facial - choose from a Thalgo Facial or an Elemental Herbology Facial
- A 30 minute massage - choose from a Muscle Melt Massage or a Hot Stone Back Massage
- Conclude with tea or coffee in the spa lounge

Monday to Friday: **£120 per person**

Weekends and Bank

Holidays: **£135 per person**



EVENING SPA PACKAGES

A magical night time spa experience.



Spa at Night

- A homemade fruit smoothie followed by a tea/coffee on arrival
- Use of the spa facilities from 5pm until 8pm
- Robes & towels
- 30 mins of therapy time
- A two-course dinner in the Hall Restaurant at 8.30pm

Monday to Friday: **£90 per person**

Saturday: **£105 per person**

ENHANCE YOUR SPA EXPERIENCE

with an overnight stay at Headlam in one of our beautifully appointed bedrooms with English breakfast the following morning.

For best available B&B rates please call **(01325) 730238**
or email reception@headlamhall.co.uk



Headlam Hall Headlam Near Gainford Darlington DL2 3HA
Spa Reception Tel: 01325 730691
Hotel Reception Tel: 01325 730238 admin@headlamhall.co.uk
www.headlamhall.co.uk